



Support for Women

If, at present, you simply are seeking an attentive ear to listen as you share your pain, you may contact Father Geoffrey, priest at All Saints of North America Orthodox Church, at (905) 318-6436, or at korzgj@hotmail.com.

If you would like to speak with a priest with many years of experience listening to, counseling, and helping women who have experienced abortion, you can contact the author of the information in this pamphlet, Father Demetrios (papadem@consolidated.net).

Father Demetrios is also more than willing to give you a call if you email him your phone number and the best times to reach you (he is in the Eastern Time zone in the United States).

If you send either of the fathers your first name, they will pray for you as well – every day.

Further Support In Our Community

Beginnings Counselling & Adoption Services

1 Young Street, Suite 308
HAMILTON, ON L8N 1T8
905-528-6665

Toll Free: 1-877-528-6665

www.beginnings.ca - info@beginnings.ca
(Satellite Offices in Coburg,
Guelph & Woodstock)

Birthright Pregnancy Services

40 Barton St E

Hamilton, ON L8L 2V9

905-527-3677 - www.birthright.org

Birthright helps solve problems related to pregnancy. It is a non-denominational, 24 hour emergency service for women distressed by pregnancy. Services include confidential counseling and supportive friendship by trained volunteers, maternity clothing and baby items, free pregnancy tests, medical and community referrals, formula and baby diapers in an emergency.

All Saints of North America Orthodox Church

HAMILTON · ONTARIO · CANADA



For those wounded by Abortion



A letter from Father
Demetrios to Mothers:

*The wounded but
precious souls, who
chose to abort
their babies*

“From my mother’s womb, Thou art my God.”

– Psalm 21[22]:9

I beg your forgiveness, dear children of Christ Jesus, that I must place you into two groups, before I can begin my feeble, but heart-centered, attempt to reach out to you: those of you who have found blessed tears of repentance;

and those of you who are still missing them. I give thanks to God for you, dear mothers, who have mystically heard the 'silent screams' of your little ones; and have run to the open arms of our All-Compassionate Lord and Saviour Jesus Christ seeking His forgiveness. Addressing specifically the Orthodox women who have now repented of this grave sin, I am sure that you have gone to your spiritual father and confessed; and received from him a penance – that blessed spiritual medication, which brings healing to the large and deep wound that the abortion placed within your immortal soul.

Spiritual Healing

Yes, my dear children, your penance is given to heal you, NOT to punish you. In the Sacrament of Confession, a repentant child of God receives both forgiveness and the necessary soul medicine to heal the wounds caused by our sins. When the wound is large, then more time is needed for spiritual therapy.

Perhaps this illustration involving a major physical illness will help you to understand this more clearly: A person is diagnosed with a malignant tumor, in both his throat and stomach. The tumors are successfully removed through surgery. However, for the next several months, the person must observe a very restricted and simple food diet. If he were to try and maintain a normal diet, then he could die; since the wounds from the tumors were not given enough time to heal. In like manner, when a soul has a great wound, it is necessary for that person to observe a period of spiritual rehabilitation before receiving Holy Communion again.

Your spiritual father will prescribe certain

soul medications for you to take, in order to nurture your soul as it heals. However, there are additional things that you can do in order to both expedite and enhance this healing process. For example, you could become involved at a pregnancy center, or with a local pro-life group.

Much to Offer Others

Furthermore, you are in a unique position to become God's instrument to convince another woman not to have an abortion. In fact, I suggest that you entreat our Lord Jesus to grant to you His grace to save at least one child in this manner. What a great blessing – and 3-fold blessing – that will be for your soul: Not only will your soul receive divine comfort, but you will also become God's vessel to both save an innocent child from physical death and the soul of his or her mother from spiritual death.

God's Love & Forgiveness

To those mothers who have had abortions, and – although you realize that you have committed a great sin – do not seek forgiveness, because you do not feel worthy to be forgiven: Please remember that Jesus, the Word of God, took our flesh upon Himself, in order to call us sinners to repentance and lead us to Paradise; and that He shed His precious Blood for us upon the Cross, in order to redeem us and save us. As the father ran to embrace his prodigal son, upon seeing him returning from death to life, so also does our All-Merciful Lord Jesus, in His limitless and never-ending love for you, call you

to return to Him; so that He can embrace your wounded soul --- filling it with healing and forgiveness. If you let me know where you live, I will find a brother priest near you, who can assist you in your return.

Calling from the Heart

Finally, I now direct my words to those precious souls that have had an abortion (or abortions), but do not feel they have done anything wrong. With the help of the evil one, you have placed a wall around your heart; and, as a result, the healing grace of our living God is not accessible to you at this time. I pain for you, dear child of God, I truly pain for you! Somewhere within your heart, there is God's presence calling you to acknowledge your sin, repent and return to the One, Who created you in His image. It is my prayer that you will speedily hear this still small voice; for then you can be granted the gift of tears of repentance to wash away the wall of indifference, so that you can run – with haste – to the all-loving and forgiving embrace of your Most Sweet Lord Jesus.

If you need help with your return, please speak with the priest of your parish, or contact me as noted below. Although I do not – as of yet – know you personally, be assured of my prayers for you!

Beloved and dear wounded mothers, I thank you for reading my heart-centered plea. Please forgive me, if I have said anything to offend you. May our Most Holy Mother of God, and Ever-virgin Mary, embrace your wounded souls.